

SHYAM NATH PANDEY

Toronto, ON

Contact: (647) 571-5285 Email: loyelshyam@gmail.com

PROFESSIONAL SUMMARY

Compassionate and dedicated Personal Support Worker (PSW) student with clinical placement experience in acute care hospital settings including Scarborough Health Network and Michael Garron Hospital. Skilled in assisting with activities of daily living, safe patient transfers, infection prevention, and patient-centered care. Experienced working with interdisciplinary healthcare teams and supporting patients recovering from stroke and complex medical conditions. Committed to promoting dignity, safety, and independence in all aspects of care.

SKILLS SUMMARY

Professional Skills

- Proficient in electronic and paper charting
- Knowledge of infection prevention, safety protocols, and resident care standards
- Certified in CPR-HCP, Standard First Aid, and Basic Life Support
- Valid G Driver's License with a clear driving record
- Able to work 12-hour day and night shifts as scheduled

Soft Skills

- Strong ability to promote client dignity, independence, choice, privacy, and safety
 - Skilled at building therapeutic relationships based on empathy, trust, and respect
 - Detail-oriented with strong accuracy in completing tasks
 - Effective team player with strong collaboration skills
 - Excellent communication, critical thinking, and conflict-resolution abilities
 - Strong time-management skills with the ability to prioritize workloads effectively
-

CORE CLINICAL SKILLS

- Activities of Daily Living (ADLs) – bathing, dressing, grooming, toileting, feeding.
 - Safe patient transfers and mobility support (bed, wheelchair, transfer belt).
 - Mechanical lift and ceiling hoist observation and assistance.
 - Patient repositioning and pressure injury prevention.
 - Feeding assistance and monitoring swallowing safety.
 - Infection prevention and control (PPE, hand hygiene).
 - Bed making and maintaining patient comfort.
 - Observing and reporting changes in patient condition.
 - Emotional support and therapeutic communication.
 - Team collaboration with nurses and healthcare professionals.
-

EDUCATION

Personal Support Worker Certificate Centennial College - Scarborough, ON	Ongoing <i>(Expected graduation: April 2026)</i>
Accounting and Payroll Administration Certificate. triOS College- Toronto, ON	2022

CERTIFICATION

Dementia Foundation Course Alzheimer Society Toronto	02/2026
Food Handler Certificate TrainCan Campus	01/2026 – 01/2031
The Ontario Human Rights Code and the Accessibility for Ontarians with Disabilities Act	12/2025
Work Health and Safety Awareness in 4 steps	10/2025
First Aid & CPR (HCP/BLS Level) Lifesaver101, Toronto,	10/2025 – 10/2028

PROFESSIONAL EXPERIENCE

Personal Support Worker (Community Placement)

Michael Garron Hospital

March 2026 – Present

- Assisted patients with **activities of daily living (ADLs)** including bathing, grooming, dressing, toileting, and oral hygiene.
- Supported patients with **mobility and transfers**, including bed-to-wheelchair transfers using proper body mechanics and supervision of a preceptor.
- Observed and assisted with the **safe use of ceiling hoist equipment** for transferring patients with limited mobility.
- Provided **feeding assistance and monitored patient comfort and safety** during meals, particularly for patients recovering from stroke.
- Assisted with **bed making, repositioning, and maintaining patient comfort** to support recovery and prevent pressure injuries.
- Maintained **infection prevention and control practices**, including proper hand hygiene and use of personal protective equipment (PPE).
- Collaborated with **nurses, PSWs, and interdisciplinary healthcare team members** to support quality patient care.
- Demonstrated **compassionate, patient-centered care** while supporting individuals recovering from stroke and other complex conditions.

Personal Support Worker (Student Placement)

Scarborough Health Network – Birchmount Hospital, Toronto, ON Jan 2026 – March 2026

- Assisted nurses and healthcare staff in providing daily personal care for patients including bathing, dressing, toileting, and feeding.
- Supported patient mobility using lifts, transfer belts, and other assistive devices while ensuring safety and comfort.
- Observed and reported changes in patients' physical or emotional conditions to the nursing team promptly.
- Maintained infection control standards and a clean, safe environment for all residents.
- Provided emotional support and companionship to patients, fostering dignity and respect.
- Assisted with repositioning and comfort care to support patient well-being.

OTHER CANADIAN EXPERIENCE

Merchandiser (Part Time)

Shoppers Drug Mart, Toronto, ON

Apr 2018 – Sep 2021

- Managed inventory and backroom operations following BIMBI procedures.
- Utilized PDT and MMS systems for cycle counts, labeling, and signage updates.
- Monitored cooler and freezer temperatures; maintained accurate records.
- Inspected products for expiry dates and ensured proper stock rotation.
- Assisted customers with product inquiries, rain checks, and PC Optimum services.
- Received and processed shipments from Distribution Centre and DSD deliveries.

- Maintained accurate documentation for merchandise receiving and return.
-

AVAILABILITY

- Available for **full-time, part-time, and casual PSW positions**
 - Flexible to work **12-hour shifts, days, evenings, nights, weekends, and holidays**
-